

Slow Treats

Impulse Control Game

ONE

Stand in front of your dog.
Hold a single treat
between your fingers. With
your hand at shoulder
height.

TWO

When your dog is sitting,
standing, or laying still -
slowly lower the treat
halfway to him.

THREE

In the beginning, when the treat is halfway to your dog's
mouth speed up and give it to him. After a few
repetitions, go slowly the whole way to your dog's
mouth.

OOPS!

If your dog jumps up or tries to snatch
the treat, put your hand quietly back at
shoulder height. Jerking quickly will
encourage jumping & nipping, so keep
your movement smooth. You may have
to reset several times until your dog
starts to understand. Patience is key!

